

Following the **Fibroid MAP** can help detect symptomatic uterine fibroids.



Menstrual Changes

- Longer, more frequent or heavier periods
- Menstrual cramps
- Vaginal bleeding at times other than during period
- Heavy vaginal bleeding may cause anemia



Abdominal, Urinary and Bowel Problems

- Abdominal cramps
- Pain in the abdomen and lower back
- Difficulty urinating or frequent urination
- Constipation, rectal pain



Pain, Pressure and Reproductive Problems

- Enlargement, bloating of the lower abdomen
- Pain during sex
- Complications during pregnancy and labor
- Infertility (a rare problem)